International Sound Therapy Training



Section 6 How to create a Listening Program

INNER SOUND AND CLASSICAL MUSIC

The Brain Tape	Vivaldi
Deep Touch	
Dreamtime	
Inner Focus	Purcell, Pachelbel) Gregorian Chant, Handel (slow)
Inner Harmony	Haydn
Inner Sun	Mozart
Intuition, Tracks 1-4	Debussy, Ravel
Magical Garden	Haydn, Mozart
Music for Children	Schuman
Music for Healing	Gregorian Chant
Nature Serenade	Wagner
New Heart	Handel
Radiant Body, Tracks 1-5	French Baroque- Couperin, Lully
For FATIGUE, Track 1 Voyage to ——	Schubert- String quartets
For DEPRESSION, Track 5 INTUITION Bach, Mozart- Concertos for violin	
For STRESS, Track 3 Voyage to	Italian Baroque- Vivaldi, Corelli, Scarlatti
Floating in the Sea	Gregorian Chant
NOTE: There is no classical music equivalent to these INNER SOUND CDs: Just Celtic Aromatherapy Just Yoga Reiki Just Piano Journey Through the Chakras Figure 10 Section 6 page 72 © 2000 Arden & Jack Wilken version 1007.01	